

Sport

Joshua wins an England call-up

By Sports Reporter
News Guardian
sport.guardian@jpress.co.uk

Teen Taekwon-Do black belt Joshua Nandy has earned an England call-up.

The 17-year-old from the Reflex School of Taekwon-Do in Whitley Bay was selected for the national team after undergoing a gruelling selection process.

Joshua made his debut in the European championships in Bulgaria, winning his way through to the quarter-finals in the 15-17 under 56kg category.

Now the St Thomas More Academy sixth-former is hoping to go one, or maybe two, better by grabbing gold in the ITF World Championships in Dublin this October.

He said: "Bulgaria was a great experience. I won two fights, but just missed out on a bronze medal after losing in the quarter final.

"Now it's head down for the world championships. I want to get as far as I can and hope-

fully pick up a medal."

Josh, of Beach Avenue, Whitley Bay, has been performing Taekwon-Do at the Reflex club since he was five years old and thanked his parents, Siddhartha and Jill, for their support.

He is one of a number of Reflex students to have played a part in the national squad in recent years. The martial arts club, based in the town's Park View, teaches the Korean self-defence discipline to youngsters from aged four through to adults.

A club spokesman said: "Joshua has done extremely well and it's great to see all his hard work pay off. We have a number of students training successfully in national and international events and many coming away with many medals.

"Students like these are inspiration to the youngsters in our club. It shows just how far they can go with the right dedication and application."

For more information on how you can get involved in Taekwon-Do, contact Reflex on 0191 251 9159.



Joshua Nandy.

Tynemouth lose to Durham Academy

Tynemouth 102 all out lost to Durham CA 104 / 8 by 2 wickets.

On a fine, sunny day at Preston Avenue the Durham youngsters just scraped through against an under-strength home team in a low-scoring game that either side could have won.

Once again, heavy rain in midweek meant groundsman Paul Jackson could only produce a used wicket that was bound to suit the spinners and, having lost the toss, Durham skipper McBride decided to open up with England under 19 slow left-armer Liam Trevaskis, whose very first deliver turned, bounced and took the edge of Ben Debnam's bat starting proceedings in the worst possible way for the Seaside.

At the other end, both Gopal and Oswell beat the bat with some lively medium pace but it was the introduction of off-spinner Shafiq bowling in tandem with Trevaskis that turned the screw.

Only Tahir Khan and Sam Robson offered any resistance and the total of 104 was disappointing, despite the bowler-friendly conditions.

Trevaskis and Shafiq took three wickets each and it was left to Steel to clean out the tail.

Steel then opened up with Greenwell and hoisted Khan back over his head for six in the very first over. However, the game then swung dramatically towards Tynemouth due to some superb away-swing bowling from Finn Lonnberg and some skilful off-spin from

Tahir Khan. After 15 overs, the visitors were reduced to 27/5 and the home team were in command.

However, Dass and Hurst dug in and added a vital half-century partnership for their team. Hymers worked hard and bowled with great economy and both Lonnberg and Khan returned to test the County youngsters who just got home with two wickets to spare.

Lonnberg's 3/22 was his best of the season maintaining pace and accuracy throughout 14 high-class overs and Khan's 2/22 off his 15 overs were exemplary but, in the end, all in vain following another disappointing batting effort.

On Saturday, Tynemouth travel to bottom club Felling and will be looking to bounce

Double loss for Main, but a win for Whitley Bay

Percy Main 1sts lost by 125 runs when they faced Consett on Saturday.

Karman Mansoor hit 135 as Consett posted 225-4 in their innings.

In reply, Main were all out for 100, with Will Taylor and Andrew Green both on 20.

Percy Main 2nds lost by 20 runs in the corresponding fixture.

Consett made 213-8, with Nick Cook on 42.

In reply, Main put on 193-6, with Barry Errington on 45.

Whitley Bay 1sts won by five wickets against Clara Vale.

Clara were all out for 66, with Jack Jeffrey taking 6-31. In reply, Whitley made 69-5, with Ivan Pearson on 24 not out.

Junior aces at Tynemouth



Junior players at the Collingwood finals.

Collingwood Tennis Club held its annual finals day last Saturday at Priors Park, Tynemouth.

Junior finals were played in bright sunshine in the morning and seniors in the afternoon with a family doubles social tournament and barbecue in the evening.

Selected results are:

Boys 8s winner Sam Cottrell, RU Charlie Myburgh; Girls 8s winner Alex

Osborne, RU Faye Branzen; Boys 9s winner Luke Thompson, RU Charlie Myburgh; Girls 9s winner Amelie Tones, RU Anna Osborne; Boys 10s winner Olly Cass, RU Luke Thompson; Boys 12s winner Ethan Veitch RU Olly Cass; Girls 12 winner Elizabeth Graham, RU Evie Tones; Junior Doubles winners Olly Cass/Ethan Veitch; family doubles winners Josh and Matt Barnaby.

Back-to-back wins for Cullercoats boys

Back-to-back victories over the weekend took Cullercoats boys 12 team top of the Northumberland and Durham tennis league.

On Saturday, Cullercoats came back from Durham with all the points after an excellent 4-2 win with No1 and No2 Olly Cass and Thomas O'Hara both winning singles but losing a close doubles. No3 and No4 Gregor Macfarlane and Oscar Berry combined well to win the doubles and Berry took the No4 singles to complete the 4-2 win for Cullercoats.

On Sunday, the boys 12s

took another trip this time to Northumberland Club for what could be the toughest game of the season, again coming away on the right side of a 4-2 scoreline.

Sam Knowles and Paul Freeman at 1 and 2 were unbeaten at singles and doubles. Max Boxshall played some fantastic consistent tennis at No3 but was unlucky to lose 4-5, 3-5. Olly Cass won the No4 singles 4-0, 4-1 to help Cullercoats to a well deserved 4-2 win which takes them top of the Northumberland and Durham League.

Shields rugby training

North Shields Rugby Club have commenced training in advance of their 2017/18 season. Training takes place at the clubhouse, which is located at Preston playing fields next to Tynemouth swimming pool on Tuesday

and Thursday evenings, 7pm start. The club is looking to attract players on all levels and fields three senior teams as well as an over 35s veterans side and is looking for players aged between 13-18 for their youth sides.



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